

INSULIN

Onset, Peak and Duration

NAME	ONSET	PEAK	DURATION
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RAPID ACTING:

Insulin lispro	15-30 min	0.5-2.5 hr	3-6 hr
Insulin aspart	10-20 min	1-3 hr	3-5 hr
Insulin glulisine	10-15 min	1-1.5 hr	3-5 hr

SHORT ACTING:

Regular insulin	30-60 min	1-5 hr	6-10 hr
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INTERMEDIATE ACTING:

NPH insulin	1-2 hr	6-14 hr	16-24 hr
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LONG ACTING:

Insulin glargine	70 min	None	18-24 hr
Insulin detemir	1-2 hr	12-24 hr	Varies