

Nursing Diagnosis	Patient Goals (Short and/or long term)	Nursing Interventions (Including rationale)	Evaluation
YOUR SELECTED NANDA-I® NURSING DIAGNOSIS r/t decreased blood circulation 2° Diabetes Mellitus Type II aeb patient reports pain at wound site, patient reports tenderness at wound site, wound area is red, skin stays white 15 seconds after blanching test, the patient guards the area of the wound.	1. The wound size will decrease by 2 cm by discharge. 2. The patient will verbalize 3 measures they can take to heal the skin, by 1900 on the day of care. 3. The patient will demonstrate proper care of the wound (as instructed by the RN, MD, or wound care nurse) by discharge. 4. The patient will repeat back to the nurse the instructions for when to call their doctor to report worsening of the wound (pus, discolored drainage, loss of feeling at the wound site, increased pain, etc.).	1. The nurse will assess the wound site every 4 hours. 2. The nurse will assess the patient's body temperature every 4 hours (to check for elevated temperature in the case of an infection). 3. The nurse will educate the patient on techniques to heal the wound (balanced diet, increased fluids, wound care, etc.). 4. The nurse will educate the patient on proper wound care. 5. The nurse will educate the patient on when to call the doctor (pus, discolored drainage, loss of feeling at the wound site, increased pain, etc.). 6. The nurse will reposition the patient at least every 2 hours. Include evidenced based rationales for each nursing intervention using your textbooks.	State whether or not the goal was met. If the goal wasn't met, what progress did they make, and what changes do you need to make to the care plan. Give your recommendations for changing the care plan to improve patient outcomes.

LEGAL DISCLAIMER: This care plan is intended for informational purposes only. This is not medical advice and errors may occur. Do not treat any person based on the information given in this care plan. You should always assess the individual person and provide care based on your own assessment, and the assessments and recommendations of that individual's medical team.